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## Nutrition and Cardiovascular Disease

### Overview (in order by year)

"Cholesterol reduction in cardiovascular disease: clinical benefits and possible mechanisms."

Glenn N. Levine, John F. Keaney, and Joseph A. Vita. *The New England Journal of Medicine*, 332(8):512-519. 1995.

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*Nutrition and Disease Update*. David Kritchevsky and Kenneth K. Carroll. Champaign, IL: AOCS Press, 1994. 279 pp.

"The prevention of cardiovascular disease: emphasis on secondary prevention." Jennifer G. Robinson and Arthur S. Leon. *Medical Clinics of North America*, 78(1):69-98. 1994.

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### **Mortality (in order by year)**

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## Dietary Interventions (in order by year)

### Dietary Cholesterol, Fatty Acids, and Oils

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## Vitamins or Minerals

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## Alcohol or Wine

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"Barley and wheat foods: influence on plasma cholesterol concentrations in hypercholesterolemic men." Graeme H. McIntosh, et al. *American Journal of Clinical Nutrition*, 53:1205-9. 1991.

## Contacts for Assistance

### Local Contacts (listed in the telephone directory)

### Ask for the:

American Heart Association (state affiliate) .....	Dietitian
Dietetic Association (state or regional chapter) .....	Dietitian
Health Department (city, county, or state) .....	Public Health Nutritionist
Hospital .....	Dietitian

### National Contacts:

American Heart Association, 7320 Greenville Ave., Dallas, TX 75231. (214) 750-5300.

National Center for Nutrition and Dietetics, The American Dietetic Association, 216 W. Jackson Blvd., Suite 800, Chicago, IL 60606-6995. (312) 899-4853.

National Heart, Blood, and Lung Institute Information Center, P.O. Box 10105, Bethesda, MD 20824-0105. (301) 251-1222.

National Library of Medicine, National Institutes of Health, U.S. Dept. of Health and Human Services, 8600 Rockville Pike, Bethesda, MD 20892. (301) 496-6308 or (800) 638-8480.

Office of Disease Prevention and Health Promotion, U.S. Dept. of Health and Human Services, Switzer Bldg., 330 C St., SW, Washington, D.C. 20201. (202) 205-9007.

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